ALLERGY AWARE MENU WEEK 1

W/C: 04/11, 25/11, 16/12 06/01, 27/01, 10/03, 31/03









MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Dish

SD Macaroni cheese CONTAINS SOY AND GF OATS 93180465

SD Chicken Burger 93170396/93208018 (H) Served with Potato Wedges 93156646

Roast Gammon 93173553 With Roast Potatoes 93035127 **And Gravy** 93034775

SD BBQ Chicken pizza 93315911 With SD Pasta **CONTAINS SOYA** 93315913

SD Fish Fillet CONTAINS FISH 93166795 **Served with Chips** 93040525



Pasta

Available Every Day

Dessert

Jacket Potato with Baked Beans 93034839

> **SD Tomato Pasta CONTAINS SOYA** 93171286

Two Vegetables Served Daily NO COLESLAW, MIXED SALAD OR SALAD BAR

Raspberry jelly 93290177

> Fresh Fruit 93232823

SD Apple Crumble CONTAINS GF OATS 93219577

> Fresh Fruit 93232823

SD Rice Pudding with Jam CONTAINS GF OATS AND SULPHITES 93315915

> Fresh Fruit 93232823

SD Flapjack **CONTAINS GF OATS** 93165520

> Fresh Fruit 93232823



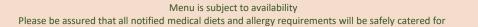
Fresh Fruit 93232823

SD Chocolate Brownie

CONTAINS SULPHITES

93196787





ALLERGY AWARE MENU WEEK 2

W/C: 11/11, 02/12, 13/01 03/02, 24/02, 17/03







MONDAY

TUESDAY

Beef Bolognese with

WEDNESDAY

Roast Beef

93035118

93035127

and Gravy

93034775

SD Chicken and Vegetable Pie

93219715

With Mash Potato 93306877

And Gravy 93034775

FRIDAY

SD Chicken Burger 93170396/ 93208018 (H) **Served with Chips**

93040525

Main Dish

Excket Potato

Pasta

SD Vegetable Supreme Pizza 93165205 Served with Potato Wedges

93156646

SD Gluten Free Pasta CONTAINS SOY 93165207

Served with Roast Potatoes

Jacket Potato with Baked Beans

93034839

SD Tomato Pasta CONTAINS SOYA 93171286

Two Vegetables Served Daily

NO COLESLAW, MIXED SALAD OR SALAD BAR



Available Every Day

Dessert

SD Chocolate Brownie CONTAINS SUPHITES 93196787

> Fresh Fruit 93232823

SD Apple and Cinnamon Sponge CONTAINS SULPHITES 93289524

> Fresh Fruit 93232823

Fruits of the Forest Jelly 93312677

> Fresh Fruit 93232823

SD Orange Glazed Sticky Sponge CONTAINS GF OATS 93316120

> Fresh Fruit 93232823

SD Chocolate Biscuit **CONTAINS GF OATS** 93219823

> Fresh Fruit 93232823









ALLERGY
AWARE MENU
WEEK 3

W/C: 18/11, 09/12, 20/01 10/02, 03/03, 24/03







MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Dish

SD Vegan Cheese and Tomato Pizza 93174975 Served with SD Tomato Pasta CONTAINS SOYA 93171286

SD Pork Sausages CONATINS SOYA & SULPHITES 93172601

With SD Mash Potato 93306877 And Gravy 93034775 Roast Chicken 93158448 Served with Roast Potatoes 93035127 and Gravy 93034775 SD Chicken and Vegetable
Korma
Contains Sulphites
93264788
With Wholegrain Rice

93035026

CONTAINS FISH 93166795 Served with Chips 93040525

SD Fish Fillet

Jacket Potato

et Potato

Jacket Potato with Baked Beans 93034839

> SD Tomato Pasta CONTAINS SOYA 93171286

Available Every Day

Pasta

Two Vegetables Served DailyNO COLESLAW, MIXED SALAD OR SALAD BAR

Dossart

SD Chocolate Brownie CONTAINS SULPHITES 93196787

> Fresh Fruit 93232823

SD Vanilla Sponge CONTAINS SUPHITES 93197070

> Fresh Fruit 93232823

SD Shortbread 93221990

Fresh Fruit 93232823 SD Jam Sponge CONTAINS SULPHITES 93219620

> Fresh Fruit 93232823

SD Frozen Smoothie 93166798/93166797

Fresh Fruit 93232823

Dessert

Menu is subject to availability
Please be assured that all notified medical diets and allergy requirements will be safely catered for

