

AUTUMN/WINTER 2024/2025 MENU



WEEK 1

W/C: 04/11, 25/11, 16/12, 06/01, 27/01, 10/03, 31/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Macaroni Cheese V	Classic Beef Burger with potato wedges	Roast Gammon with roast potatoes and gravy	BBQ Chicken Pizza with nut-free pesto pasta 🌿	Southern Fried Chicken with chips
	OR	OR	OR	OR	OR
OPTION 2	Cheesy Bean Burrito V 🌿 🍷	Quorn Burger with potato wedges V	Roast Quorn with roast potatoes and gravy V	Meatless Feast Cheesy Pizza with nut-free pesto pasta V 🌿	Veggie Fingers with chips V
	OR	OR	OR	OR	OR
OPTION 3	Jacket Potato with a choice of hot or cold fillings V	Jacket Potato with a choice of hot or cold fillings including salmon mayo 🐟	Jacket Potato with a choice of hot or cold fillings V	Jacket Potato with a choice of hot or cold fillings V	Jacket Potato with a choice of hot or cold fillings V
	OR	OR	OR	OR	OR
OPTION 4	Tomato Pasta fresh, homemade tomato sauce with pasta V 🌿	Tomato Pasta fresh, homemade tomato sauce with pasta V 🌿	Tomato Pasta fresh, homemade tomato sauce with pasta V 🌿	Tomato Pasta fresh, homemade tomato sauce with pasta V 🌿	Tomato Pasta fresh, homemade tomato sauce with pasta V 🌿

ALL MEALS ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD WITH SALAD CART AVAILABLE

DESSERT	Chocolate Brownie	Apple Crumble with custard	Rice Pudding with jam or chocolate spread	Flapjack with fruit wedges	Raspberry Jelly
	OR	OR	OR	OR	OR
	Fresh fruit or yoghurt 🍏	Fresh fruit or yoghurt 🍏	Fresh fruit or yoghurt 🍏	Fresh fruit or yoghurt 🍏	Fresh fruit or yoghurt 🍏

OPTION 5 PACKED LUNCH
Ham or cheese sandwich or daily special with veg sticks and dessert of the day or fresh fruit or yoghurt

AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water



V Vegetarian 🐟 Oily Fish 🌿 Wholegrain 🍏 Fruity! ❤️ Nutritionist's Choice H Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

AUTUMN/WINTER 2024/2025 MENU



WEEK 2

W/C: 11/11, 02/12, 13/01, 03/02, 24/02, 17/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Cheese and Tomato Pizza with nut-free pesto pasta 	Beef Bolognese with wholemeal pasta 	Roast Beef with roast potatoes and gravy	Chicken Tikka Masala with wholegrain rice 	Fish Fingers with chips
OPTION 2	Vegetable Fajita with wholegrain rice 	Chinese Vegetable Noodles 	Quorn Sausages with roast potatoes and gravy 	Macaroni Cheese 	Quorn Dippers with chips
OPTION 3	Jacket Potato with a choice of hot or cold fillings 	Jacket Potato with a choice of hot or cold fillings including salmon mayo 	Jacket Potato with a choice of hot or cold fillings 	Jacket Potato with a choice of hot or cold fillings 	Jacket Potato with a choice of hot or cold fillings
OPTION 4	Tomato Pasta fresh, homemade tomato sauce with pasta 	Tomato Pasta fresh, homemade tomato sauce with pasta 	Tomato Pasta fresh, homemade tomato sauce with pasta 	Tomato Pasta fresh, homemade tomato sauce with pasta 	Tomato Pasta fresh, homemade tomato sauce with pasta

ALL MEALS ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD WITH SALAD CART AVAILABLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DESSERT	Chocolate Cookie 	Apple and Cinnamon Sponge with custard 	Fruits of the Forest or Strawberry Jelly 	Orange Drizzle Cake 	Crunchy Chocolate Mousse
	Fresh fruit or yoghurt 	Fresh fruit or yoghurt 	Fresh fruit or yoghurt 	Fresh fruit or yoghurt 	Fresh fruit or yoghurt

OPTION 5 PACKED LUNCH
Ham or cheese sandwich or daily special with veg sticks and dessert of the day or fresh fruit or yoghurt

AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water



Vegetarian Oily Fish Wholegrain Fruity! Nutritionist's Choice Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

AUTUMN/WINTER 2024/2025 MENU



WEEK 3

W/C: 18/11, 09/12, 20/01, 10/02, 03/03, 24/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Cheese and Tomato Pizza with nut-free pesto pasta V	Pork Sausages with mashed potato and gravy	Roast Chicken with roast potatoes and gravy	Chicken and Vegetable Korma with wholegrain rice H	Breaded Fish Fingers with chips
OPTION 2	Chilli No Carne with Crispy Tortilla with wholegrain rice V, Wholegrain, Nutritionist's Choice	Quorn Sausages with mashed potato and gravy V	Roasted Vegetable Cranberry Slice with roast potatoes and gravy V	Vegetable Korma with rainbow rice V, Wholegrain, Nutritionist's Choice	BBQ Quorn Fillet with chips V
OPTION 3	Jacket Potato with a choice of hot or cold fillings V	Jacket Potato with a choice of hot or cold fillings including salmon mayo Oily Fish	Jacket Potato with a choice of hot or cold fillings V	Jacket Potato with a choice of hot or cold fillings V	Jacket Potato with a choice of hot or cold fillings V
OPTION 4	Tomato Pasta fresh, homemade tomato sauce with pasta V, Wholegrain	Tomato Pasta fresh, homemade tomato sauce with pasta V, Wholegrain	Tomato Pasta fresh, homemade tomato sauce with pasta V, Wholegrain	Tomato Pasta fresh, homemade tomato sauce with pasta V, Wholegrain	Tomato Pasta fresh, homemade tomato sauce with pasta V, Wholegrain

ALL MEALS ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD WITH SALAD CART AVAILABLE

DESSERT	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Chocolate Beet Brownie with orange slices Fruity!	Bread and Butter Pudding with custard	Sicilian Lemon Cookie with fruit wedges Fruity!	Jam Sponge with custard	Vanilla Ice Cream
	Fresh fruit or yoghurt Fruity!	Fresh fruit or yoghurt Fruity!	Fresh fruit or yoghurt Fruity!	Fresh fruit or yoghurt Fruity!	Fresh fruit or yoghurt Fruity!

OPTION 5 PACKED LUNCH
Ham or cheese sandwich or daily special with veg sticks and dessert of the day or fresh fruit or yoghurt

AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water



V Vegetarian Oily Fish Wholegrain Fruity! Nutritionist's Choice H Halal Available

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